

CENTRAL MA INTERGROUP (CMI) WELCOME KIT

We are grateful to have you aboard and welcome the opportunity to work together for recovery.

Thoughts to ponder as you enter the CMI journey of your recovery:

- Together we can
- All we have is now
- Service is part of our maintenance medicine
- All voices and all silences are of value
- Love and tolerance is the spiritual basis of all our service
- We are guided by 12 steps, 12 traditions, & 12 concepts of service

Tools to help you:

- CMI WEBSITE (<http://www.centmassint.org>)
- CMI BYLAWS (http://www.centmassint.org/docs/CMI_Bylaws.pdf)
- NEWSLETTER (<http://www.centmassint.org/newsletter.html>)
- SPIRITUAL PRINCIPLES OF 12 STEPS, 12 TRADITIONS,& 12 CONCEPTS
http://www.centmassint.org/docs/OAthe_spiritual_principles.pdf
- CMI PAMPHLET, WHAT IS CMI INTERGROUP AND BEING A REP?
 - <http://www.centmassint.org/docs/WhatisCMIbrochure.pdf>
 - This is a two sided trifold brochure that can be printed.
- [WWW.OA.ORG](http://www.OA.org) All you ever wanted to know about OA
- INCLEMENT WEATHER PHONE BRIDGE – If weather prohibits a face to face CMI meeting, notice will go out (insure we have your phone, text, email, etc) that we're having a phone meeting. CALL IN @ 1-605-475-6006. ENTER PIN (ASK FOR at CMI meeting). Follow prompts on phone.

What's MY REP JOB, keeping it simple:

- **JOB FOR MY LOCAL MEETING –**
 - Show up,
 - Grab flyers,
 - Listen with love and tolerance
 - Report back to home meeting (this part simplified since end of mtg we identify highlights to bring back).

- **JOB FOR INTERGROUP:**
 - Listen to others while maintaining HP contact
 - Keep sense of humor
 - Ask questions if inclined
 - Vote
 - Contribute love and tolerance in whatever way works for you
 - Volunteer when able - respond to “nudging” of your HP regarding giving back what others have so generously given to us in recovery.

THERE ARE NO MUSTS IN INTERGROUP. CMI is an opportunity to help our individual program and to help insure OA is there for others.

Again, welcome and thank you! Your service is a gift that enables us to extend our heart and hand as a group to those her share our compulsion.

NOTES